



Quick Facts:

- ✓ The Maine Integrated Youth Health Survey – or MIYHS - is sponsored by the Maine Department of Education in collaboration with the Maine Center for Disease Control & Prevention and Substance Abuse & Mental Health Services within the Maine Department of Health and Human Services.
- ✓ The first administration of the MIYHS took place in 2009 after the desire to integrate surveys previously administered separately, including the Maine Youth Drug and Alcohol Use Survey, the Youth Risk Behavior Survey, and the Youth Tobacco Survey.
- ✓ The MIYHS is administered every other odd year (2009, 2011, 2013, etc.) during the first half of February.
- ✓ The MIYHS is composed of four overall modules:
 1. “K/3” – Kindergarten and 3rd grade parent survey
 2. “5/6” – 5th and 6th grade student survey
 3. “MS” – 7th and 8th grade (middle school) student survey, composed of four sub-modules
 4. “HS” – 9th through 12th grade (high school) student survey, composed of four sub-modules

Benefits:

- ✓ School and SAU access to a wide range of data on youth behaviors, risk factors, and protective factors, including comparisons to past MIYHS results and state level data. (Please note that some restrictions may apply.)
- ✓ Availability of data to evaluate the impact of national, state, and local efforts to prevent certain risk behaviors and to improve school health education policies and programs.
- ✓ Access to local- and state-level data that show how student health risk behaviors change over time, and how they affect the success of Maine youth in attaining the Maine Learning Results.
- ✓ Aggregate data gathered from the height/weight screenings will: 1) be used as a longitudinal measure of overall student risk of obesity, 2) inform local, regional, and state stakeholders of the overall health of school-aged children; and 3) measure the effectiveness of systemic interventions aimed at reducing the obesity burden of school-aged children in Maine.

What does MIYHS mean for School Nurses:

- ✓ School nurses are asked to conduct height/weight and oral health screenings (with assistance) of Kindergarten and 3rd grade students.
- ✓ School nurses are asked to conduct height/weight screenings of 5th grade students.

Contact Information:

- ✓ Nancy Dube (for questions on height / weight measurement): (207) 624-6688
- ✓ Nicole Breton (for questions on oral health screenings): (207) 287-3263
- ✓ Pan Atlantic (for general questions on MIYHS administration): (866) 487-2810