



SUMMARY REPORTS

MAINE

2009 MIYHS KINDERGARTEN AND 3RD GRADE REPORT

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)

<i>What language is spoken most often at home? (qn5)</i>				
<i>Percentage of parents who answered something other than 'English'</i>				
State Average:	Total		Female	Male
	1.6%		2.2%	1.1%
By Grade:		Kindergarten		3rd
		0.7%		2.6%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	0.5%		0.9%	4.3%
				Male, 3rd
				1.4%

<i>How would you describe your child's health status? (qn6)</i>				
<i>Percentage of parents who answered 'Excellent', 'Very good' or 'Good'</i>				
State Average:	Total		Female	Male
	99.4%		99.5%	99.3%
By Grade:		Kindergarten		3rd
		100.0%		98.7%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	100.0%		100.0%	98.8%
				Male, 3rd
				98.6%

<i>Has a doctor or nurse ever told you that your child has diabetes? (qn7)</i>				
<i>Percentage of parents who answered 'Yes'</i>				
State Average:	Total		Female	Male
	0.5%		0.3%	0.7%
By Grade:		Kindergarten		3rd
		0.2%		0.8%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	0.0%		0.5%	0.6%
				Male, 3rd
				0.9%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

*Has a doctor or nurse ever told you that your child has asthma? (qn8)
Percentage of parents who answered 'Yes'*

State Average:	Total 15.0%	Female 12.0%	Male 17.5%
By Grade:	Kindergarten 12.7%		3rd 17.9%
By Gender, Within Grade:	Female, K 11.1%	Male, K 14.1%	Female, 3rd 13.4% Male, 3rd 21.0%

Does your child still have asthma? (qn9)

Among parents who reported their child had asthma in qn8, percentage of parents who answered 'Yes'

State Average:	Total 66.1%	Female 73.2%	Male 61.6%
By Grade:	Kindergarten 75.5%		3rd 57.8%
By Gender, Within Grade:	Female, K 85.0%	Male, K 69.0%	Female, 3rd 60.0% Male, 3rd 55.8%

*Symptoms of asthma include coughing, wheezing, shortness of breath, chest tightness or phlegm production when your child does not have a cold or respiratory infection. During the past 30 days, how many days did your child have any symptoms of asthma? (qn10)
Among parents who reported their child had asthma in qn8, percentage of parents who answered at least 1 day*

State Average:	Total 51.8%	Female 48.8%	Male 52.8%
By Grade:	Kindergarten 58.3%		3rd 48.4%
By Gender, Within Grade:	Female, K 50.0%	Male, K 64.3%	Female, 3rd 50.0% Male, 3rd 46.5%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

*During the past 30 days, on how many days did his or her asthma make it difficult for your child to stay asleep? (qn11)
Among parents who reported their child had asthma in qn8, percentage of parents who answered at least 1 day*

State Average:	Total 28.9%	Female 26.8%	Male 29.2%
By Grade:	Kindergarten 35.4%		3rd 25.0%
By Gender, Within Grade:	Female, K 35.0%	Male, K 35.7%	Female, 3rd 20.0% Male, 3rd 25.6%

*During the past 12 months, how much did your child limit his or her usual activities due to asthma? (qn12)
Among parents who reported their child had asthma in qn8, percentage of parents who answered at least 1 day*

State Average:	Total 40.9%	Female 50.0%	Male 34.8%
By Grade:	Kindergarten 44.7%		3rd 39.3%
By Gender, Within Grade:	Female, K 50.0%	Male, K 40.7%	Female, 3rd 52.6% Male, 3rd 31.7%

*During the past 12 months, about how many days of school did your child miss because of his or her asthma? (qn13)
Among parents who reported their child had asthma in qn8, percentage of parents who answered 'One or more times per week' or 'Almost daily'*

State Average:	Total 6.1%	Female 4.9%	Male 5.6%
By Grade:	Kindergarten 6.3%		3rd 6.3%
By Gender, Within Grade:	Female, K 5.0%	Male, K 7.1%	Female, 3rd 5.0% Male, 3rd 4.7%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

*Has a doctor, nurse, or asthma educator ever taught you what to do when your child has an asthma episode or attack? (qn14)
Among parents who reported their child had asthma in qn8, percentage of parents who answered 'Yes'*

State Average:	Total 84.8%	Female 92.7%	Male 80.0%
By Grade:	Kindergarten 89.6%		3rd 80.6%
By Gender, Within Grade:	Female, K 95.0%	Male, K 85.7%	Female, 3rd 90.0% Male, 3rd 75.6%

*An asthma management plan is a printed form that tells when to change the amount or type of medicine, when to call the doctor for advice, and when to go to the emergency room. Has a doctor, nurse, or asthma educator ever given you an asthma management plan for your child? (qn15)
Among parents who reported their child had asthma in qn8, percentage of parents who answered 'Yes'*

State Average:	Total 45.1%	Female 41.5%	Male 46.5%
By Grade:	Kindergarten 41.7%		3rd 47.6%
By Gender, Within Grade:	Female, K 40.0%	Male, K 42.9%	Female, 3rd 40.0% Male, 3rd 50.0%

*Have you ever taken a course or class on how to manage your child's asthma? (qn16)
Among parents who reported their child had asthma in qn8, percentage of parents who answered 'Yes'*

State Average:	Total 17.9%	Female 19.5%	Male 16.9%
By Grade:	Kindergarten 16.7%		3rd 19.4%
By Gender, Within Grade:	Female, K 30.0%	Male, K 7.1%	Female, 3rd 10.0% Male, 3rd 23.8%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

*Does your child currently have autism, PDD-NOS, Asperger's Disorder, or atypical autism? (qn17)
Percentage of parents who answered 'Yes'*

State Average:	Total 2.9%	Female 1.2%	Male 4.0%
By Grade:	Kindergarten 3.0%		3rd 2.6%
By Gender, Within Grade:	Female, K 1.2%	Male, K 4.6%	Female, 3rd 1.4%
			Male, 3rd 3.6%

*Does your child receive special education services for autism, PDD-NOS, Asperger's Disorder, or atypical autism at school? (qn18)
Among parents who reported their child has some form of autism in qn17, percentage of parents who answered 'Yes'*

State Average:	Total 95.2%	Female 100.0%	Male 93.8%
By Grade:	Kindergarten 100.0%		3rd 88.9%
By Gender, Within Grade:	Female, K 100.0%	Male, K 100.0%	Female, 3rd 100.0%
			Male, 3rd 85.7%

*What kind of health care coverage does your child have? (qn19)
Percentage of parents who answered 'No health insurance'*

State Average:	Total 3.5%	Female 3.3%	Male 3.7%
By Grade:	Kindergarten 2.2%		3rd 4.8%
By Gender, Within Grade:	Female, K 1.0%	Male, K 3.3%	Female, 3rd 6.2%
			Male, 3rd 3.8%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

About how long has it been since your child last visited a dentist? Include dental hygienists as well as all types of dentists, such as orthodontists, oral surgeons, and all other dental specialists. (qn20)

Percentage of parents who answered less than 1 year

State Average:	Total 85.6%	Female 85.9%	Male 85.4%
By Grade:	Kindergarten 83.5%		3rd 87.5%
By Gender, Within Grade:	Female, K 81.9%	Male, K 84.6%	Female, 3rd 90.2% Male, 3rd 86.1%

During the past 12 months, was there a time when your child needed dental care but could not get it at that time? (qn22)

Percentage of parents who answered 'Yes'

State Average:	Total 8.9%	Female 9.3%	Male 8.5%
By Grade:	Kindergarten 6.9%		3rd 10.8%
By Gender, Within Grade:	Female, K 7.3%	Male, K 6.7%	Female, 3rd 10.5% Male, 3rd 10.7%

Do you have any kind of insurance that pays for some or all of your child's DENTAL CARE? Include health insurance obtained through work or purchased directly, as well as government programs like MaineCare. (qn24)

Percentage of parents who answered 'Yes'

State Average:	Total 78.1%	Female 78.3%	Male 77.6%
By Grade:	Kindergarten 81.0%		3rd 75.4%
By Gender, Within Grade:	Female, K 85.8%	Male, K 76.6%	Female, 3rd 69.3% Male, 3rd 79.6%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

Has your child ever had dental sealants placed on his or her teeth at either your dental office or through a school program? Sealants are a clear or white material placed on the chewing surface of teeth to prevent cavities. (qn25)
Percentage of parents who answered 'Yes' (at a dental office or through a school program)

State Average:	Total 49.1%	Female 51.8%	Male 46.6%
By Grade:	Kindergarten 27.4%		3rd 73.2%
By Gender, Within Grade:	Female, K 29.8%	Male, K 25.2%	Female, 3rd 78.1% Male, 3rd 69.2%

During the past 4 weeks, how many days of school has your child missed because of dental problems? Do not include routine dental/orthodontist visits. (qn26)
Percentage of parents who answered at least 1 day

State Average:	Total 2.1%	Female 1.9%	Male 2.0%
By Grade:	Kindergarten 2.4%		3rd 1.8%
By Gender, Within Grade:	Female, K 1.0%	Male, K 3.2%	Female, 3rd 3.0% Male, 3rd 0.9%

When your child is outside for more than one hour on a sunny summer day, how often does he or she wear sunscreen with an SPF of 15 or higher? (qn27)
Percentage of parents who answered 'Most of the time' or 'Always'

State Average:	Total 77.8%	Female 78.5%	Male 77.3%
By Grade:	Kindergarten 84.4%		3rd 71.3%
By Gender, Within Grade:	Female, K 83.4%	Male, K 85.5%	Female, 3rd 72.2% Male, 3rd 70.2%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

*On a sunny summer day, when your child is outside for more than 15 minutes between 11 a.m. and 3 p.m., how often does he or she do one of the following: stay in the shade, wear clothes covering most of his or her arms and legs, or wear a hat? (qn28)
Percentage of parents who answered 'Most of the time' or 'Always'*

State Average:	Total 37.7%	Female 35.5%	Male 39.5%
By Grade:	Kindergarten 42.2%		3rd 33.0%
By Gender, Within Grade:	Female, K 39.9%	Male, K 43.8%	Female, 3rd 31.1% Male, 3rd 34.9%

*During the past 12 months, has your child had any sunburns? A sunburn is any reddening or burn of the skin that lasts until the next day. (qn29)
Percentage of parents who answered 'Yes'*

State Average:	Total 23.0%	Female 20.2%	Male 25.1%
By Grade:	Kindergarten 17.6%		3rd 28.7%
By Gender, Within Grade:	Female, K 16.7%	Male, K 18.6%	Female, 3rd 23.3% Male, 3rd 32.2%

*How many people living in the same household as your child smoke cigarettes, cigars, or pipes inside the house? (qn30)
Percentage of parents who answered at least 1 person*

State Average:	Total 10.4%	Female 11.2%	Male 9.7%
By Grade:	Kindergarten 9.2%		3rd 12.1%
By Gender, Within Grade:	Female, K 10.4%	Male, K 8.3%	Female, 3rd 12.3% Male, 3rd 11.6%

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)

<i>How often does your child ride in a booster car seat? (qn31)</i>				
<i>Percentage of parents who answered 'Never' or 'Rarely'</i>				
State Average:	Total		Female	Male
	41.6%		39.2%	43.5%
By Grade:		Kindergarten		3rd
		7.4%		79.2%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	6.2%		8.6%	78.7%
				Male, 3rd
				79.3%

<i>When your child rides in a car, truck, or van, how often does he or she sit in the backseat? (qn32)</i>				
<i>Among those who have a backseat available, percentage of parents who answered 'Never sits in the backseat' or 'Sometimes sits in the backseat'</i>				
State Average:	Total		Female	Male
	9.0%		9.3%	8.4%
By Grade:		Kindergarten		3rd
		4.4%		13.7%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	4.8%		4.2%	15.2%
				Male, 3rd
				12.2%

<i>How often does your child ride with teenage drivers, such as older brothers or sisters, relatives, or older friends? (q33)</i>				
<i>Percentage of parents who answered 'Often' or 'Always'</i>				
State Average:	Total		Female	Male
	1.5%		2.4%	0.4%
By Grade:		Kindergarten		3rd
		0.7%		2.1%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	1.6%		0.0%	3.0%
				Male, 3rd
				0.9%

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

<i>How often does your child wear a helmet when riding a bike? (qn34)</i>				
<i>Among those whose child rides a bike, percentage of parents who answered 'Never' or 'Rarely'</i>				
State Average:	Total	Female	Male	
	8.6%	6.8%	10.0%	
By Grade:	Kindergarten		3rd	
	5.1%		12.0%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	5.4%	4.5%	8.2%	15.0%

<i>During the past seven (7) days, how many times did your child drink 100% fruit juices such as orange juice, apple juice or grape juice? Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks. (qn35)</i>				
<i>Percentage of parents who answered at least once in the past week</i>				
State Average:	Total	Female	Male	
	89.5%	88.6%	90.1%	
By Grade:	Kindergarten		3rd	
	90.8%		87.9%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	88.9%	92.3%	88.1%	87.5%

<i>During the past seven (7) days, how many times did your child eat fruit? Do not count fruit juice. (qn36)</i>				
<i>Percentage of parents who answered at least once in the past week</i>				
State Average:	Total	Female	Male	
	97.5%	98.3%	97.1%	
By Grade:	Kindergarten		3rd	
	97.1%		97.9%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	97.9%	96.4%	98.8%	97.7%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

During the past seven (7) days, how many times did your child eat vegetables, such as carrots, green salad, corn, or green beans, but not including French fries or other fried potatoes? (qn37)

Percentage of parents who answered at least once in the past week

State Average:	Total 96.6%	Female 98.6%	Male 95.1%
By Grade:	Kindergarten 95.9%		3rd 97.1%
By Gender, Within Grade:	Female, K 98.4%	Male, K 93.7%	Female, 3rd 98.8% Male, 3rd 96.3%

During the past seven (7) days, how many times did your child drink a can, bottle, or glass of soda, sports drinks, Kool-Aid, or sweetened ice tea? Do not include diet drinks. (qn38)

Percentage of parents who answered at least once in the past week

State Average:	Total 59.4%	Female 52.0%	Male 65.5%
By Grade:	Kindergarten 50.0%		3rd 70.6%
By Gender, Within Grade:	Female, K 44.6%	Male, K 54.8%	Female, 3rd 61.7% Male, 3rd 77.0%

During the past seven (7) days, how many glasses of milk did your child drink? Include the milk your child drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass. (qn39)

Percentage of parents who answered three or more glasses per day

State Average:	Total 29.1%	Female 27.8%	Male 30.7%
By Grade:	Kindergarten 33.2%		3rd 26.0%
By Gender, Within Grade:	Female, K 32.3%	Male, K 34.4%	Female, 3rd 24.5% Male, 3rd 27.4%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

In the last 12 months, how often did you (or other adults in your household) ever cut the size of your meals or skip meals because there wasn't enough money for food? (qn40)

Percentage of parents who answered at least once

State Average:	Total 16.7%	Female 16.8%	Male 16.6%
By Grade:	Kindergarten 14.0%		3rd 19.1%
By Gender, Within Grade:	Female, K 14.0%	Male, K 14.2%	Female, 3rd 18.2% Male, 3rd 19.6%

In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food? (qn41)

Percentage of parents who answered at least once

State Average:	Total 19.0%	Female 19.5%	Male 18.5%
By Grade:	Kindergarten 18.0%		3rd 19.7%
By Gender, Within Grade:	Female, K 18.2%	Male, K 18.1%	Female, 3rd 19.4% Male, 3rd 19.7%

In the last 12 months, were you ever hungry but didn't eat because you couldn't afford enough food? (qn42)

Percentage of parents who answered at least once

State Average:	Total 12.2%	Female 13.5%	Male 11.2%
By Grade:	Kindergarten 9.9%		3rd 14.4%
By Gender, Within Grade:	Female, K 11.6%	Male, K 8.5%	Female, 3rd 14.7% Male, 3rd 14.4%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

*On an average school day, how many hours does your child watch TV? (qn43)
Percentage of parents who answered 3 or more hours*

State Average:	Total 9.0%	Female 8.9%	Male 8.7%
By Grade:	Kindergarten 9.8%		3rd 7.8%
By Gender, Within Grade:	Female, K 9.7%	Male, K 9.6%	Female, 3rd 7.4% Male, 3rd 8.3%

*How often do you feel that your child is safe in your community or neighborhood? (qn44)
Percentage of parents who answered 'Usually' or 'Always'*

State Average:	Total 92.3%	Female 92.7%	Male 92.2%
By Grade:	Kindergarten 91.4%		3rd 93.5%
By Gender, Within Grade:	Female, K 92.8%	Male, K 91.0%	Female, 3rd 93.3% Male, 3rd 93.6%

*How often do you feel that your child is safe at home? (qn45)
Percentage of parents who answered 'Usually' or 'Always'*

State Average:	Total 99.3%	Female 99.2%	Male 99.6%
By Grade:	Kindergarten 99.5%		3rd 99.0%
By Gender, Within Grade:	Female, K 99.5%	Male, K 100.0%	Female, 3rd 98.8% Male, 3rd 99.1%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

<i>How often do you feel that your child is safe at school? (qn46) Percentage of parents who answered 'Usually' or 'Always'</i>				
State Average:	Total		Female	Male
	96.0%		96.2%	96.4%
By Grade:		Kindergarten		3rd
		95.7%		96.6%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	95.9%		96.4%	96.3%
				Male, 3rd
				96.8%

<i>QNOWT Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT</i>				
State Average:	Total		Female	Male
	16.8%		19.1%	14.9%
By Grade:		Kindergarten		3rd
		16.2%		16.3%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	17.7%		15.0%	19.2%
				Male, 3rd
				14.1%

<i>QNOBESE Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT</i>				
State Average:	Total		Female	Male
	16.5%		15.8%	17.1%
By Grade:		Kindergarten		3rd
		12.6%		20.2%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	14.6%		10.9%	16.7%
				Male, 3rd
				22.9%

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

<i>QNFRUIT</i>				
<i>Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days</i>				
State Average:	Total	Female	Male	
	54.3%	54.4%	53.9%	
By Grade:	Kindergarten		3rd	
	57.9%		50.3%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	54.3%	60.3%	55.4%	46.5%

<i>QNVEG</i>				
<i>Percentage of students who ate vegetables three or more times per day during the past seven days</i>				
State Average:	Total	Female	Male	
	9.2%	10.9%	7.9%	
By Grade:	Kindergarten		3rd	
	10.3%		7.9%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	8.8%	11.8%	13.7%	3.7%

<i>QNFRVG</i>				
<i>Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days</i>				
State Average:	Total	Female	Male	
	25.9%	27.0%	25.2%	
By Grade:	Kindergarten		3rd	
	26.9%		24.9%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	24.7%	28.9%	29.9%	21.4%

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

<i>QNCARIES</i>				
<i>Presence of Decay Experience (Observed during oral health assessment)</i>				
State Average:	Total		Female	Male
	23.6%		20.8%	26.2%
By Grade:		Kindergarten		3rd
		18.0%		29.7%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	15.9%		20.0%	27.2%
				Male, 3rd
				31.6%

<i>QNCAVIT</i>				
<i>Presence of Untreated Cavities (Observed during oral health assessment)</i>				
State Average:	Total		Female	Male
	17.8%		17.1%	18.6%
By Grade:		Kindergarten		3rd
		15.9%		19.7%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	17.6%		14.8%	16.6%
				Male, 3rd
				22.3%

<i>QNSEAL</i>				
<i>Presence of Sealants (Observed during oral health assessment)</i>				
State Average:	Total		Female	Male
	35.2%		35.5%	34.5%
By Grade:		Kindergarten		3rd
		14.4%		59.3%
By Gender, Within Grade:	Female, K		Male, K	Female, 3rd
	14.3%		14.3%	62.3%
				Male, 3rd
				56.9%

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Summary Report (unweighted)**

<i>QNTREAT</i>				
<i>Early / Urgent Dental Care Needed (Observed during oral health assessment)</i>				
State Average:	Total 16.1%	Female 15.3%	Male 16.7%	
By Grade:	Kindergarten 14.2%		3rd 17.4%	
By Gender, Within Grade:	Female, K 15.9%	Male, K 12.9%	Female, 3rd 14.6%	Male, 3rd 19.9%

Note: Due to missing data, the average of demographic categories may not equal the overall total.